



2022-2023 PARENT INFORMATION SERIES

Executive Functioning

October 12, 2022 , 7 p.m. Virtual Presentation



Executive skills are brain-based skills such as task initiation, sustained attention, working memory, planning, organization, and goal-directed persistence that are critical to school success. Dr. Peg Dawson, co-author of the books *Smart but Scattered* and *Smart but Scattered Teens*, will describe how these skills develop throughout childhood and suggest strategies parents can use to help children acquire the critical skills they need to be successful students.

Talking To Children About Tragedy

November 15, 2022, 7 p.m. at OPHS



Given recent violent and tragic events in our community and in the nation, parents often grapple with how to discuss these issues with their children. In this presentation, Dr. Amanda Nickerson, professor of school psychology and director of the Alberti Center for Bullying Abuse Prevention at the University at Buffalo, will provide tips and best practices for adults to talk with children about these topics.

Anxious Children In School

January 26, 2023, 7 p.m. Virtual Presentation



Kimberly Morrow, a licensed clinical social worker in private practice, will provide training to help children overcome anxiety so they can get back to learning and meeting their educational goals. Utilizing evidence-based teaching, this workshop will provide you parents with a clear understanding of the anxious brain, what you may be doing that perpetuates anxiety, simple ways to help children take charge, and ways to coach a child through anxiety.

Screenagers: The Next Chapter

March 7, 2023, 7 p.m. at OPMS



High stress, anxiety and depression are experienced by millions of young people. Follow physician and filmmaker, Delaney Ruston, as she discovers solutions for improved adolescent well-being in the digital age at this viewing of *Screenagers: The Next Chapter*.

Teen Driving Safety

March 21, 2023 at 7 p.m. at OPMS



The Orchard Park Police Department and the Orchard Park Central School District will present the dangers of distracted driving, driving under the influence of alcohol/drugs, license restrictions for permit holders and junior drivers, vehicle and traffic laws, pedestrians and other safety issues. This presentation is for both teenagers and their parents

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