

THE THOMAS R. KIDNEY FOUNDATION +  
TOWN WRECKERS SWIM TEAM  
PRESENT

# Samantha Arsenault Livingstone

Olympic Gold  
medalist+mental  
health activist in  
collaboration with  
founder+CEO of  
#SameHere Global  
Eric Kussin



## A MENTAL WELLNESS MOVEMENT:

Stories+Strategies to help us rise through hard things

Saturday, October 5th, 2024

ORCHARD PARK HIGH SCHOOL AUDITORIUM

SESSION I-9-10:30A

SESSION II-11-12:30P

All students 11 years and older, parents, teachers and coaches welcome



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THE GLOBAL MENTAL HEALTH MOVEMENT