**Quinn/Psychology - Dream Analysis Links**

1. <http://users.rider.edu/~suler/dreamman.html#journal> (Look under Dream Journal. There are some good questions for you to start with.)
2. <http://www.guidetopsychology.com/dreams.htm#helpful> (Includes some additional background information and helpful tips on interpretation.)
3. <http://dreamanalysis.info/index.php/dream-analysis-guide/> (Provides background information and steps on how to analyze your dreams.)
4. <http://www.dreammoods.com/dreamdictionary/> (This one is more for fun than anything else, but maybe it will help you interpret your crazy dream!)
5. <http://www.nytimes.com/2009/11/10/health/10mind.html> (Interesting article against dream interpretation)

**Directions:** Use your personal experience, the websites above, and other resources you find on your own to help you interpret **four** of your dreams. You should give a brief description of each dream, explain your interpretation, and describe what theories or tools you used to help discover the meaning. It may be a stretch for some of you, but give it your best shot! You never know what you may discover about yourself! You will have to share at least one of your findings with the class. You may record your answers here and print out this sheet or write on a separate piece of paper. You do not need to write in complete sentences.

**Dream #1**

**Dream #2**

**Dream #3**

**Dream #4**