

March

2025 Pre K -5th

FRM



NYS Apples
NYS Potatoes
NYS Onions

Monday	Tuesday	Wednesday	Thursday	Friday	
Dr.Seuss's					
3	4	5	6 Objective was a State of the same		
Hop on Pop-corn Chicken with Cat in the hat noodles	Nacho's Grande	Hot Dog om Wg bun	Chicken mac & Cheese	No School	A: As
Cheese Pizza	Ham & Cheese Wrap	Cheese & pepperoni	Turkey & Cheese Sandwich		
Sam I Am Corn 3/4c Milk-8oz ** Hooray ** Sidekick Frozen	Green Beans 3/4c Fresh or Prepared Fruit 1/2c	Baked Beans 3/4c Fresh or Prepared Fruit 1/2c Milk-8oz	NYS Carrots 3/4c Fresh or Prepared Fruit 1/2c Milk-8oz	SUPERINTENDENT'S Day	
fruit juice = ½ cup fruit	Milk-8oz				7
10 Breakfast For Lunch French Toast sticks & Sau- sage	11 Taco Day	12 Grilled Ham & Cheese	13 Chicken Patty on a WG Bun	14 Mozzarella Sticks w marinara sauce	6
Cheese Pizza	Ham & cheese Sandwich	Cheese & Pepperoni Pizza	Turkey & cheese Wrap	Cheese pizza	
Green Beans 3/4c Fresh or Prepared Fruit 1/2c Milk-8oz	Vegetarian Beans 3/4c Fresh or Prepared Fruit 1/2c Milk-8oz	Green Peas 3/4c Fresh or Prepared Fruit 1/2c Milk-8oz	NYS Carrots 3/4c Fresh or Prepared Fruit 1/2c Milk-8oz	Steamed Broccoli 3/4c Fresh or Prepared Fruit 1/2c Milk-8oz	
17 Chicken Alfredo Cheese Pizza	Taco's in a Bag Ham & Cheese Sandwich	19 Three Cheese Mac & Cheese Cheese & Pepperoni Pizza	Popcorn Chicken Turkey & cheese Sandwich	Grilled Cheese Cheese Pizza	
Potatoes 3/4c Fresh or Prepared Fruit 1/2c Milk-8oz	BBQ Baked Beans 3/4c Fresh or Prepared Fruit 1/2c Milk-8oz	Mixed Vegetables 3/4c Fresh or Prepared Fruit 1/2c Milk-8oz	NYS Carrots 3/4c Fresh or Prepared Fruit 1/2c Milk-8oz	Steamed Broccoli 3/4c or Prepared Fruit 1/2c Milk-8oz	-
24 Pasta & meatballs w spaghetti sauce Cheese Pizza	25 Chicken Quesadilla Ham & Cheese Wrap	26 Philly Cheesesteak on a bun Cheese & pepperoni	27 Chicken Finger Sub Turkey & cheese Wrap	28 Mozzarella Sticks w/marinara Cheese Pizza	(M
Mixed Vegetables 3/4c Fresh or Prepared Fruit 1/2c Milk-8oz	Vegetarian Beans 3/4c Fresh or Prepared Fruit 1/2c Milk-8oz	Fresh Baby Carrots 3/4c Fresh or Prepared Fruit 1/2c Milk-8oz	NYS Potatoes w/ Onion 3/4c Fresh or Prepared Fruit 1/2c Milk-8oz	Steamed Broccoli 3/4c Fresh or Prepared Fruit 1/2c Milk-8oz	
31 Popcorn Chicken Cheese pizza		.,	If your Student has a particular food		
Green Beans 1/2c Sweet Potatoes 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	PAY FOR MEALS OF MySchoolBucks.co	NLINE	ergy, please contact the food service of Ihulings@opschools.org	9	-

NYS LOCAL FOODS
*Upstate Farms

Milk, Yogurt, Sour Cream Preston Farms

Assorted Varieties of Apples Eden Valley Growers Assorted Fruits & Vegetables

used in Meal Program highlighted in green

The Following Entrees Served Daily:

6" Subs and Wraps (2M2G)

Salads Made to Order (Includes Flatbread) 2M2G

Peanut Butter & Jelly Sandwich (2M2G)

Fruit & Yogurt Parfait w/Flatbread(2M2G)

Offered daily with all School Lunches:

Fresh or Prepared Fruit (Must take ½ cup of Fruit or Vegetable – may take up to 1 cup)

NY State 8oz 1% or Skim White Milk Fat Free Chocolate Milk

> Student \$2.90 Adult \$5.05