



March  
2025 6-8



# Lunch

## MIDDLE SCHOOL



NYS Apples  
NYS Potatoes  
NYS Onions

Monday	Tuesday	Wednesday	Thursday	Friday
 3 Hop on popcorn chicken & Cat and the hat noodles ½ c Cheese pizza	4 Nacho's Grande	5 Hot Dog om Wg bun	6 Chicken mac & Cheese	NO SCHOOL
Sam I Am Corn 3/4c Milk-8oz ** Hooray ** Sidekick Frozen fruit juice = ½ cup fruit	Ham & Cheese Wrap Green Beans 3/4c Fresh or Prepared Fruit 1/2c Milk-8oz	Cheese & pepperoni Baked Beans 3/4c Fresh or Prepared Fruit 1/2c Milk-8oz	Turkey & Cheese Sandwich NYS Carrots 1c Fresh or Prepared Fruit 1/2c Milk-8oz	SUPERINTENDENT's DAY
10 Breakfast For Lunch French Toast sticks, Sausage & Hash brown Cheese Pizza	11 Taco Day	12 Grilled Ham & Cheese	13 Chicken Patty on a WG Bun	14 Mozzarella Sticks w marinara sauce
Green Beans 3/4c Fresh or Prepared Fruit 1/2c Milk-8oz	Ham & cheese Sandwich Vegetarian Beans 3/4c Fresh or Prepared Fruit 1/2c Milk-8oz	Cheese & Pepperoni Pizza Green Peas 3/4c Fresh or Prepared Fruit 1/2c Milk-8oz	Turkey & cheese Wrap NYS Carrots 3/4c Fresh or Prepared Fruit 1/2c Milk-8oz	Cheese pizza Steamed Broccoli 3/4c Fresh or Prepared Fruit 1/2c Milk-8oz
17 Chicken Alfredo Cheese Pizza	 18 Taco's in a Bag Ham & Cheese Sandwich	19 Three Cheese Mac & Cheese Cheese & Pepperoni Pizza	20 Popcorn Chicken Turkey & cheese Sandwich	21 Grilled Cheese Cheese Pizza
Potatoes 3/4c Fresh or Prepared Fruit 1/2c Milk-8oz	BBQ Baked Beans 3/4c Fresh or Prepared Fruit 1/2c Milk-8oz	Mixed Vegetables 3/4c Fresh or Prepared Fruit 1/2c Milk-8oz	NYS Carrots 3/4c Fresh or Prepared Fruit 1/2c Milk-8oz	Steamed Broccoli 3/4c or Prepared Fruit 1/2c Milk-8oz
24 Pasta & meatballs w spaghetti sauce Cheese Pizza	25 Chicken Quesadilla Ham & Cheese Wrap	26 Philly Cheesesteak on a bun Cheese & pepperoni	27 Chicken Finger Sub Turkey & cheese Wrap	28 Mozzarella Sticks w/marinara Cheese Pizza
Mixed Vegetables 3/4c Fresh or Prepared Fruit 1/2c Milk-8oz	Vegetarian Beans 3/4c Fresh or Prepared Fruit 1/2c Milk-8oz	Fresh Baby Carrots 3/4c Fresh or Prepared Fruit 1/2c Milk-8oz	NYS Potatoes w/ Onion 3/4c Fresh or Prepared Fruit 1/2c Milk-8oz	Steamed Broccoli 3/4c Fresh or Prepared Fruit 1/2c Milk-8oz
31 Popcorn Chicken Cheese pizza				
Green Beans 1/2c Sweet Potatoes 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	<div> <b>PAY FOR MEALS ONLINE</b>  MySchoolBucks.com</div>			

If your Student has a particular food  
allergy, please contact the food service office @  
**lhulings@opschools.org**

### NYS LOCAL FOODS

\*Upstate Farms

Milk, Yogurt, Sour Cream

Preston Farms

Assorted Varieties of Apples

Eden Valley Growers

Assorted Fruits & Vegetables

used in Meal Program

highlighted in green

### The Following Entrees Served Daily:

6" Subs and Wraps (2M2G)

Salads Made to Order  
(Includes Flatbread) 2M2G

Peanut Butter & Jelly  
Sandwich (2M2G)

Fruit & Yogurt Parfait  
w/Flatbread(2M2G)

Offered daily  
with all School Lunches:

Fresh or Prepared Fruit  
(Must take ½ cup of Fruit or Vegetable –  
may take up to 1 cup)

NY State 8oz 1% or Skim  
White Milk  
Fat Free Chocolate Milk

Student \$2.90  
Adult \$5.05