Harvest of withe Month Gowing Healthy Students 2028	。 タアCか 5 Pre K-5	TO SCHOOL	Break Elemen	tary	Food Service
Monday	Tuesday	Wednesday	Thursday	Friday	
8 Cən't "Trix" Me Muffin Top	4 Plot "Iwist" Fresh Cinnamon Roll with Icing	5 "Magnify" Healthy Eating Sausage, Egg and Cheese Bagel	6 No mi-Steak-ing Healthalicious Steak, Egg and Cheese Pizza	7 No School Superintendents Day	NYS LOCAL FOODS *Upstate Farms Milk, Yogurt, Sour Cream Preston Farms Assorted Varieties of Apples Eden Valley Growers Assorted Fruits & Vegetables <u>used in Meal Program</u> <u>highlighted in green</u>
4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz 10 Sweet Success Weffles with Strewberry Topping	4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz 11 Mini French Toast	Milk-8oz 12	4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz 13 Sausage Egg&Cheese Break-	14 Apple Frudel	Breakfast Options Daily
4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c <u>Milk-8oz</u> 17 Lucky Donuts	4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz 18 Cinnamon Roll with Icing	Cereal Bar 4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz 19 Mini Waffles	Breakfast Wrap with egg &	4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz 21 Cherry Frudel	*Daily Entrée-1 (2g) or *Cereal 2oz (2G)
4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c <u>Milk-8oz</u> 24 Blueberry Mini Waffles	4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz 25 Trix Muffin Top	4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz 26 French Toast Sticks w/syrup	Milk-8oz	4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz 28 Cinni Mini	Offered with all Breakfasts *Whole Grain (WG) Entrees *Daily Selection of Fresh or Prepared Fruit 100% juice -1/2 cup may take up to 1 cup
4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4oz assorted Juice cup 1/2c	4oz assorted Juice cup 1/2c	Cheese 4oz assorted Juice cup 1/2c	4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	*NY State Non-Fat or 1% White Mi 8oz
31 Chocolate Chip Muffin w yogurt	~			~	
4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c	-1				Student \$2.00