

**ORCHARD PARK CENTRAL SCHOOLS**  
**Interscholastic Athletics**  
**ATHLETIC ELIGIBILITY RULES**

**I. Pre-Participation Requirements:**

- A. Physical examination with health history either given by the school doctor or reviewed and approved by the school doctor if done by your private physician (use "Health Examination form").
- B. Parents complete online sports registration which includes Co-Curricular and Concussion Management Sign Off completed by both parent and student athlete.
- C. School nurse clearance is the final step in the process.

**NOTE:** Student athletes must be covered by their own family's health care plan. Even with proper equipment, supervision and a prepared facility, accidents with injury can occur.

**II. Regulations of the NYS Public High School Athletic Association:**

- A. Student athletes have four consecutive years of eligibility upon entering into the 9<sup>th</sup> grade, whether you play each season or not.
- B. Athletes are eligible through their 19<sup>th</sup> birthday if it occurs after July 1<sup>st</sup> of the current school year for high school teams and up to the age of 16 for modified/JV teams. Students who turn 16 during the modified/JV season may continue that season only.
- C. A student who transfers high schools without a corresponding change of address of the parents is not eligible in the sports in which the athlete participated in the previous school district for one calendar year. (NYS Transfer Eligibility Rule #29.) Participation in different sports is allowed. Students of divorced parents must live with the parent within the district.
- D. Middle school students wishing to try out for a high school team must pass all parts of the NYS Athletics Placement Process Physical Fitness test and special maturity exam required for that activity prior to the start of the practice part of the season.
- E. Students may not take part in athletics if they are on a medical exemption for physical education and must be full time students of the Orchard Park Central School District.

**III. Orchard Park School Regulations:**

- A. Athletes are expected to follow all regular middle school or high school rules while participating in athletics. The disciplinary referral system applies.
- B. Athletes may be progressively disciplined or disciplined with benching/suspension by the coach or Athletic Director for not complying with team and athletic department expectations (attendance, behavior, etc.).
- C. Athletes caught using or in possession of alcohol, steroids, tobacco, electronic cigarettes, or drugs on or off school property or at a school function will be immediately suspended from the team for a minimum of (10) ten school days.
- D. Students suspended from school are not eligible to play or practice during the suspension.
- E. Athletes who are not meeting academic expectations are subject to the co-curricular academic eligibility policy any time during the athletic season. This process may be initiated by the coach or the teacher.
- F. Unless excused for a school-related function or a legal absence, students must be in attendance for four full periods to be eligible to practice or compete that day. Athletes are required to communicate their potential situation to the coach ahead of time.
- G. Athletes/parents are financially responsible for lost or stolen equipment or uniforms supplied for competition by the school. Parent/Student Portal accounts will be locked, future sports registration will be prohibited and your child may be subject to a school referral if their equipment/uniform is not turned in at the end of the season.
- H. Athletes are expected to ride school transportation to and from away athletic contests unless prior arrangements are approved by the coach with the parents. Students are not allowed to drive to or from competition.

## Orchard Park Athletics

Orchard Park High School  
4040 Baker Road  
Orchard Park, NY 14127

[WWW.OPSCHOOLS.ORG - ATHLETICS](http://WWW.OPSCHOOLS.ORG - ATHLETICS)

Member Erie County Interscholastic Conference  
Section VI of the NYS Public High School Athletic Association

### David Hack

#### Director of Physical Education & Athletics

[dhack@opschools.org](mailto:dhack@opschools.org)

Phone: (716) 209-6241

Fax: (716) 209-6281

### Lynsey Cybulski

#### Athletic Office Secretary

[lcybulski@opschools.org](mailto:lcybulski@opschools.org)

Phone: (716) 209-6208

Fax: (716) 209-6281

### Athletic Physical Examinations

Fall Season	High Health Office	TBA (July) athletic website page
Spring Season	H.S./M.S. Nurse's Office	TBA (Feb) athletic website page

### NYS Athletic Placement Process Physical Fitness Testing

Fall Season	H.S. Track/Field House	TBA (July/Aug) athletic website
Winter Season	M.S. Aux Gym	TBA (Oct) athletic website
Spring Season	M.S. Aux Gym	TBA (Feb) athletic website

### Orchard Park Athletic Opportunities

Fall	Winter	Spring
Cheerleading – V, JV and ModB	Boys Bowling - V	Baseball - V, JV & ModB
Coed Cross Country - V & ModB	Girls Bowling - V	Girls Flag Football - V
Girls Field Hockey - V, JV & ModB	Boys Basketball - V, JV & ModB	Boys Lacrosse - V, JV & ModB
Boys Golf - V	Girls Basketball - V, JV & ModB	Girls Lacrosse - V, JV & ModB
Girls Golf - V	Cheerleading – V, JV and ModB	Softball - V, JV & ModB
Girls Gymnastics - V	Boys Ice Hockey – V	Boys Tennis - V
Football - V, JV & ModB	Girls Ice Hockey – V	Boys Track & Field - V & ModB
Boys Soccer - V, JV & ModB	Coed Indoor Track - V	Girls Track & Field - V & ModB
Girls Soccer - V, JV & ModB	Coed Rifle – V	Unified Basketball - V
Girls Swimming – V	Boys Swimming – V & ModB	
Girls Tennis – V	Girls Swimming – ModB	
Boys Volleyball - V, JV & ModB	Unified Bowling - V	
Girls Volleyball - V, JV & ModB	Wrestling – V & ModB	