



NYS Apples

April 2025 PRE K-12



Breakfast Orchard Park



Monday	Tuesday	Wednesday	Thursday	Friday
	1 Chocolate Chip Muffin Top w/4 oz yogurt	2 Cinnamon Toast Crunch Cereal Bar	3 Breakfast Sandwich Sau- sage Egg and Cheese	4 Cinnamon Roll
	4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz
7 Wg Banana Muffin w/ 4oz yo- gurt	8 Chocolate Fudge Pop tart w/4oz yogurt	9 Cherry or Blueberry Breakfast bar	10 Breakfast Pizza	11 Apple Frudel
4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz
14	15	16	17	18
<h1>Spring Break!!</h1>				
21	22 Bagel filled with strawberry cream cheese	23 French Toast Sticks w/syrup	24 Egg & Cheese Wrap	25 Cherry Frudel
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28 WG Chocolate Chip Muffin w 4oz yogurt	29 Assorted Cereal Day	30 National Tye-Dye Day Tye Dye WG Donuts 		
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NYS LOCAL FOODS
 *Upstate Farms
 Milk, Yogurt, Sour Cream
 Eden Valley Growers
 Assorted Varieties of Apples
 Eden Valley Growers
 Assorted Fruits & Vegetables
 used in Meal Program
 highlighted in green

Breakfast Options Daily

*Daily Entrée-1 (2g) or

*Cereal 2oz (2G)

Offered with all Breakfasts
 *Whole Grain (WG) Entrees
 *Daily Selection of
 Fresh or Prepared Fruit
 100% juice -1/2 cup
 may take up to 1 cup
 *NY State Non-Fat or 1% White Milk
 8oz

Approved by PTFS Dietitian: Perrv Schmidt. MS. RD. CDN



If your student has a particular food allergy,
please contact the food service office @
(716)209-6251 or lhulings@op-
schools.org

Student \$2.00
Adult \$2.90